## NINGXIA RED 14



### WHY SHOULD YOU DRINK NINGXIA RED?

It's packed with **powerful antioxidants** and super foods that provide long-lasting energy support without caffeine, revitalize body systems for full-body protection, and make the body an **unfriendly** environment for free radicals and oxidative stress. NingXia Red also supports normal cellular digestive function and promotes **normal eye health.** It's the perfect pre and post workout drink.

It's loaded with amino acids, trace minerals and essential fatty acids while still having a low glycemic index. There are no added sugars! Only essential sugars (polysaccharides) from the whole fruit; leaves, stems, peel and fruit. NingXia Red is infused with orange, lemon, yuzu and tangerine essential oils containing high levels of d'limonene.

### **CLINICAL STUDIES HAVE SHOWN:**

- To significantly reduce stress by 23% and improve mental well-being
- To significantly increase physical energy levels by 35%
- To support healthy respiratory function
- To reduce physical limitations by 36%
- To improve sleep patterns and increase sleep
- To support healthy inflammation response

### NINGXIA RED TESTIMONIES

*I have two boys on the autism spectrum and* they're extremely picky eaters. But they love their Special Red Ninja juice. The nutrients they get from NingXia is huge for us. - Noah W

I know NingXia Red is what gives me my boost to play 18 holes of golf and win for the last 8 years! I'm 82 years old! - Wade M

I have used NingXia Red for all four of my pregnancies, suggested by my midwife. I love that it's FOOD and made from fruits and plants. - Iodie R

### WHO CAN DRINK NINGXIA RED?

A daily shot of 2-4 oz helps support overall wellness for your entire family! From children to adults, it's one of the easiest supplements to incorporate into your daily diet.

### **OTHER NINGXIA PRODUCTS**

Young Living created over 40 wolfberry products, including an amino acid workout recovery: Aminowise, NingXia Greens, Wolfberry Eye Cream, probiotics and more!



MAKE A SHIFT™ RESET™ KIT



NR LOYALTY REWARDS

Use the code SHAREYL to take an extra 10% off your first order of 50PV or more.

# ningxia

NingXia Nitro® is an all-natural way to get a quick pick-me-up without the use of sugary and caffeine filled energy drinks! Use NingXia Nitro for crushing a tough workout, or getting through your afternoon slump! Infused with botanical extracts, iodine, D-ribose, Korean ginseng, green tea extract, and essential oils including wolfberry seed, vanilla and chocolate!

### **BENEFITS OF NITRO:**

- Supports energy
- Enhances mental fitness, and supports overall performance
- Provides sustained energy without the crash
- Improves focus & cognitive alertness

# NINGXIA ZYNG



BONUS

This sparkling energy drink, includes whole fruit NingXia puree, pear, & blackberry juice, white tea extract, vitamins, lime, and black pepper essential oils. It has 35 mg of naturally occurring caffeine and only 35 calories per can!



To get the same antioxidant benefits of drinking just 1 ounce of NingXia Red you'd have to eat the equivalency of over 299 lbs of fruits and veggies:

- 2 pounds of blueberries 4 pounds of strawberries 55 pounds of apples 4 pounds of carrots
- 11 pounds of spinach
- 23 pounds of onions
- 35 pounds of broccoli 55 pounds of almonds 55 pounds of tomatoes 55 pounds of oranges

### **NINGXIA RED - THE WOLFBERRY SUPERFRUIT**

"LET FOOD BE THY MEDICINE AND MEDICINE BE THY FOOD"

Healthy bodies fight stronger. Supplementation is intended to bridge the nutritional gap, so we can maintain a healthy lifestyle!

### **5 REASONS WE NEED TO SUPPLEMENT OUR NUTRITION**

- 90% of people lack the recommended amount of nutrients. Dr. Linus Pauling said, "You can trace every sickness, every disease and every ailment to a mineral deficiency." Minerals are the key to preventing disease and increasing health, but are severely lacking in our modern diets due to pesticides robbing the soil of essential nutrients and minerals.
- Nutrient absorption declines with age, because the body does not have the same ability to break down and absorb nutrients. Statistically, those who are older are on more medications which can deplete essential nutrients. Supplements can help restore this imbalance.
- Environmental issues like harmful pesticides and herbicides used to farm our food, chemicals found in our water supply, and pollution drastically increases our need for extra vitamins and minerals. These chemicals create free radicals that attack our digestive and immune system.
- Exercise uses up the energy and nutrients that have been stored in your body. It is vital to replenish and promote recovery after a workout.
- Natural Healthcare providers are encouraging people to supplement for their health instead of expensive disease treatment.

### WHAT ARE FREE RADICALS?

When you cut open an apple, it turns brown from the oxygen. This is exactly what happens to our cells during oxidation. Oxidation is a chemical process which involves harmful free radicals in the body.

### COMMON CAUSES OF FREE RADICALS INCLUDE:

- Smoking tobacco or drinking alcohol
- Exposure to toxic chemicals
- Poor diet, high levels of fried foods
- Daily stress and lack of quality sleep

### WHY ANTIOXIDANTS?

Antioxidants are compounds which prevent oxidation in the body or in foods. Consuming high levels of antioxidants daily will protect your cells from oxidation and may significantly increase your health! Zeaxanthin is an antioxidant that helps protect your eyes from harmful ultraviolet rays in sunlight or blue light rays from electronics. Studies show that diets rich in this antioxidant are great for keeping your eyes healthy. Zeaxanthin is found in foods like raw egg yolk or red peppers, but is found in much larger amounts in the Ningxia Wolfberry!

### HISTORY OF NINGXIA RED

Young Living Founder D. Gary Young was traveling the world over 20 years ago seeking the secrets of longevity, energy, and vitality.

While in China, Gary learned that Wolfberries originated in NingXia, China. Although there are 17 different species of Wolfberries, the NingXia Wolfberry is the most nutritionally dense and the most researched and tested. Chinese biochemists at the NingXia Institute of Nutrition had analyzed the wolfberry and found it to be one of the most nutrient-dense antioxidant foods along with having a daily dose of minerals needed for a healthy body!

Wolfberries (Lycium Barbarum) date back to the first pharmacopoeia printed book written in 475 BC from the Ming Dynasty.

Gary learned that people in this area led remarkably long and healthy lives (many lived over 100 years old!) He became convinced that this superfruit needed to be made available to the world, and brought the NingXia Wolfberry to Young Living.

Young Living is the ONLY company in the world with the proprietary blend of NingXia Red. By adding essential oils, this formula is easily absorbed by your body, and simple for everyone in your home to benefit from and enjoy!

# NINGXIA breakdown

	2 - 25oz BOTTLES	\$82.00	\$1.64 PER OZ
	4 - 25oz BOTTLES	\$147.00	\$1.47 PER OZ
	30 - 2oz PACKETS	\$97.75	\$1.63 PER OZ
	60 - 2oz PACKETS	\$190.25	\$1.59 PER OZ
1111 (P. 3) (I	90 - 2oz PACKETS	\$283.25	\$1.57 PER OZ
	LOYALTY REWARDS BUNDLE 4 - 250z BOTTLES 30 - 20z PACKETS	\$210.00	\$1.31 PER OZ
	NINGXIA STARTER BUNDLE 2 - 2502 BOTTLES 30 - 202 PACKETS	\$145.00	\$.91 PER OZ ONCE YOU SUBTRACT THE COST OF THE NITRO!
	DAILY WELLNESS KIT 30 - 202 PACKETS	\$112.00	\$.91 PER OZ ONCE YOU SUBTRACT THE COST OF ORANGE & LIME VITALITY OILS & NITRO!

